

**ADDICTION TREATMENT
IN METAMORPHOSIS**

Our understanding of addiction is being transformed. Substance use is on the rise as are addictions that do not involve substances. Clearly, theories on the etiology and manifestations of addictions connected to eating, sexual activity, shopping or internet use cannot rely solely on blueprints based on the substance abuse driven, medical model of addiction that has been the predominant theoretical framework in the field.

There has been a commensurate increase in the number and type of treatment methods and philosophies now embraced by addiction treatment communities and those that receive care. Just as our theoretical understanding of addiction is challenged, so too is the degree to which practitioners can fall back on the abstinence model, particularly where abstinence is either impossible, as in the case of food, or undesirable, as in the case of sex.

Therefore, we operate in a fruitful moment of metamorphosis in the field of addictions. The myriad new approaches to addiction have fostered a new openness on the part of researchers and clinicians. And in this rapidly changing context, it is more difficult to cling to dogmatic positions about technique. Will the field become increasingly open to new ideas? How are cutting-edge specialists using the new ideas today? What new concepts and approaches will develop? Will a more unified view of addiction emerge with greater explanatory and practical power?

Psychologists, always leaders in the creation of clinical-theoretical constructs, are advancing the dialogues that will create new paradigms in understanding and treating addictions. The Addiction Division of the New York State Psychological Association's 2006 Conference, Addiction Treatment In Metamorphosis, brings together a number of the most critical theorists and clinicians in the field for an exciting event designed to expand this conversation.

The Foundation of the New York State Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Foundation of NYSPA maintains responsibility for the program.

ADDICTION TREATMENT IN METAMORPHOSIS: Paradigm Shift in Theory and Practice

Presented by:

The New York State Psychological Association Division on Addictions
and
The Masters Program in Mental Health and Substance Abuse
The New School for Social Research ♦ 66 West 12th Street ♦ New York, N.Y. 10003

New York State Psychological Association
6 Executive Park Drive
Albany, N.Y. 11203

**The New York State
Psychological
Association
Division on Addictions
2006 Conference**



**April 28, 2006
9:00am—5:00pm**

**New School for Social Research
Wollman Auditorium**

**66 West 12th Street
New York, N.Y. 10003**

PRESENTERS

Richard Elovich, MPH is an internationally recognized trainer and consultant on program development and public policy. Areas of expertise include harm reduction, substance use, HIV/STD prevention, youth and families at risk.

Melinda Gellman, Ph.D. is a graduate of the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis and treats addiction and eating disorders.

Scott Kellogg, Ph.D. is a Clinical Assistant Professor in the Department of Psychology at New York University. He is also a psychotherapist and schema therapist at the Cognitive Therapy Center of New York.

Danielle Knafo, Ph.D. is an associate professor at Long Island University's C.W. Post Campus and is faculty & supervisor at Derner's Postdoctoral Program in Psychoanalysis. She is the author of Egon Schiele: A Self in Creation, co-author of Unconscious Fantasies and the Relational World, and editor of Living with Terror, Working with Trauma: A Clinician's Handbook.

A. Thomas McLellan, Ph.D. is a psychologist, Professor of Psychiatry at the University of Pennsylvania & the Director of the Treatment Research Institute in Philadelphia. He has published more than 400 articles and chapters in addiction research & serves as the Editor in Chief of the Journal of Substance Abuse Treatment. Dr. McLellan & his colleagues created measurement instruments such as the Addiction Severity Index (ASI) & the Treatment Services Review (TSR).

Wendy Miller, PhD is a psychologist in private practice with specializations in treating eating and sexual problems and couples therapy. She is also on the faculty of the Women's Therapy Centre Institute, a feminist psychoanalytic training institute.

Sharon Nathan, Ph.D., MPH, is a psychologist, sex therapist, and sexual addiction therapist. Formerly the Associate Director of the Human Sexuality Program at New York Hospital-Cornell University Medical College, she now is in private practice in New York City.

John Pasagiannis is an ABD level clinical psychologist. Currently, he is a psychotherapist at Institute for Contemporary Psychotherapy where he treats artists at different stages of recovery. He is also an adjunct professor at Pace University.

Edward S. Ragsdale, Ph.D., is psychotherapist in private practice in New York City, specializing in eating disorders and other behavioral addictions. He also writes on the psychology of values and broader issues of general psychology.

Joyce Rivera, M.A. is the executive director of St. Ann's Corner of Harm Reduction in the Bronx. She has a long history of research and clinical work in the areas of HIV/AIDS and substance use. A former National Science Foundation Fellow, Ms. Rivera left her doctoral studies in 1989 to directly focus on injection related AIDS in the South Bronx.

Debra Rothschild, PhD, CASAC is in private practice in New York. She is a graduate of the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. Dr. Rothschild writes and teaches about substance abuse treatment, harm reduction, and the application of psychoanalytic techniques to the treatment of addictive disorders.

Peter Steinglass, MD is President Emeritus & CEO of the Ackerman Institute for the Family & Clinical Professor of Psychiatry at Weill/Cornell University Medical College. His work has included extensive programmatic research into medical & psychiatric illness as it affects families, & he has written extensively on these subjects. He has served as Editor of the journal, *Family Process*, as well as serving on numerous editorial boards.

Andrew Tatarsky, Ph.D., is co-director of Harm Reduction Psychotherapy & Training Associates and the Alcoholism Counseling Service and a psychologist in private practice in New York specializing in harm reduction psychotherapy with drug and alcohol users.

Barbara Wallace, Ph.D. is Director of the Research Group on Disparities in Health and Associate Professor of Health Education at Teachers College, Columbia University. She is the author of *Making Mandated Addiction Treatment Work, HIV/AIDS Peer Education Training Manual: Combining African Healing Wisdom and Evidence-Based Behavior Change Strategies*, and many other books, chapters in edited books, and journal articles.

Alexandra Woods, Ph.D. is a psychologist in private practice in New York City. She is a graduate of NYU's Postdoctoral Program in Psychotherapy and Psychoanalysis. Her practice includes individuals, families, and couples who have substance use problems.

PROGRAM

- 8:30-9:00 Registration & Continental Breakfast**
- 9:00-9:15 Introductory Address:** Richard Juman, Psy.D
- 9:15-10:15 Keynote:** A. Thomas McLellan, Ph.D
- 10:15-11:15 CONCURRENT WORKSHOP SESSIONS**
- #1. Making Mandated Addiction Treatment Work: Understanding Racism & Oppression & Responding With Multicultural Competence.** Barbara Wallace, Ph.D
- #2. Essential Elements of Change In The Treatment Of Eating Disorders: Feminist –Psychoanalytic & Gestalt-Theoretic Perspectives** Wendy Miller, Ph.D & Edward Ragsdale, Ph.D
- #3. Methamphetamine Use Among Gay & Non-Gay Identified Homosexually Active Men** Richard Elovich, MPH
- 11:20-12:00 Harm Reduction Psychotherapy: The Biopsychosocial Process Model Of Problem Substance Use, The Multiple Meanings Perspective & The Centrality Of The Therapeutic Alliance** . . . Andrew Tatarsky, Ph.D
- 12:00-12:30 DISCUSSION** - Moderated by Gayna Havens, Ph.D
- 12:30-1:30 LUNCH**
- 1:30-2:45 PLEASURE & ADDICTION**
- Sex Addiction 101**
Sharon Nathan, Ph.D, MPH
- The Pleasure Project**
Joyce Rivera, MA
- 2:50-3:45 CONCURRENT WORKSHOP SESSIONS**
- #4. Finding the Common Ground: Contemporary Psychoanalysis And Substance Abuse Treatment**
Debra Rothschild, Ph.D., CASAC & Melinda Gellman, Ph.D
- #5. Families & Substance Abuse: A Systemic-Motivational Approach** Peter Steinglass, MD & Alexandra Woods, Ph.D
- #6. Altered States In Addiction And Creativity**
Danielle Knafo, Ph.D & John Pasagiannis, MA, ABD
- 4:00-5:00 Keeping It Positive: Contingency Management In Substance Abuse Treatment**
Scott Kellogg, Ph.D

REGISTRATION

By Mail: NYSPA, 6 Executive Park Drive, Albany, N.Y. 12203
Telephone: 800-732-3933 Fax: 518-437-4077
To register online go to: www.nyspa.org & click on Addictions Division icon

- \$110 Non-NYSPA Member at the door
 - \$100 Non-NYSPA Member by March 30
 - \$100 NYSPA Member at the door
 - \$90 NYSPA Member by March 30
 - \$35 Student with valid college ID.
 - \$10 CE Credit for 6 hours (NYSPA Member)
 - \$20 CE Credit for 6 hours (Non-NYSPA Member)
- Cancellation Policy: Full refund prior to April 15

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-Mail Address: _____

Payment: Check payable to NYSPA
 VISA AMEX MASTERCARD
 Card # _____ Expiration Date ____/____/____

Signature: _____

I WOULD LIKE TO REGISTER FOR THE FOLLOWING SESSIONS:

- _____ #1
- _____ #2
- _____ #3
- _____ #4
- _____ #5
- _____ #6

Conference Committee Members: Julie Barnes, PhD, Ganata Carol, PhD, Lisa Director, PhD, Bryan Fallon, PhD, Gayna Havens, PhD, Richard Juman, PsyD, Scott Kellogg, PhD, Sharon Nathan, PhD, John Pasagiannis, MA, Edward Ragsdale, PhD, Marlene Reil, MA, Debra Rothschild, PhD, Andrew Tatarsky, PhD, Alexandra Woods, PhD